

# ***St John's Croft***

## ***Breakfast Menu***

*8.30am to 9.30am*

*English Breakfast Tea - Fresh coffee - Selection of herbal & fruit teas - Milk alternatives available*

*Fresh fruit juice*

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*Fresh fruit, organic Greek style yoghurt & choice of cereals*

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*Smoked Salmon & scrambled Eggs*

*or*

*Bacon & Eggs*

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*Toast, croissant with marmalade, jam, honey etc.*

*The salmon is "Responsibly sourced" and the eggs are free-range.*

*Gluten-free options available when requested in advance.*

*Please notify us of any food allergies.*